

2022- 4500 Club Members

<u>Place</u>	<u>Name</u>	<u>Div</u>	<u>S</u>	<u>Ag</u>	<u>City</u>	<u>St</u>	<u>0:00:00</u>	<u>1500</u>	<u>2250</u>	<u>Total</u>
1	David Bajwa	M1719	M	19	Bethesda	MD	0:09:32	0:18:42	0:29:05	0:57:18
2	Craig Dewing	M5059	M	52	Hanover	MD	0:09:47	0:19:27	0:30:04	0:59:18
3	Sean Thomas	M3039	M	38	Catonsville	MD	0:10:18	0:20:06	0:30:26	1:00:49
4	Bradley Hyde	M5059	M	51	Gettysburg	PA	0:09:54	0:20:42	0:31:12	1:01:48
5	Emily Watts	F5059	F	54	Sparks Glencoe	MD	0:10:53	0:21:54	0:33:03	1:05:50
6	Andi Mackey	F16-	F	16	Ellicott City	MD	0:11:00	0:22:21	0:33:48	1:07:09
7	John Bajwa	M16-	M	15	Bethesda	MD	0:10:45	0:22:04	0:34:59	1:07:48
8	Garin Schilling	M1719	M	17	Hampstead	MD	0:10:34	0:22:46	0:34:43	1:08:04
9	Christy Donley	F4049	F	47	Silver Spring	MD	0:11:17	0:22:23	0:34:27	1:08:07
10	James Moore	M5059	M	55	Columbia	MD	0:11:18	0:22:51	0:34:56	1:09:05
11	Mark Young	M5059	M	58	Clarksburg	MD	0:11:29	0:23:09	0:35:32	1:10:10
12	Debbie Lennox	F4049	F	46	Stroudsburg	PA	0:11:16	0:23:35	0:35:54	1:10:45
13	Rocco Colabella	M4049	M	42	Halethorpe	MD	0:11:39	0:23:30	0:36:00	1:11:09
14	Diane Wack	F5059	F	54	Catonsville	MD	0:11:56	0:23:37	0:36:02	1:11:35
15	Frank Bossong	M6069	M	63	Frederick	MD	0:11:16	0:23:49	0:36:42	1:11:47
16	Scott Turner	M3039	M	30	Myersville	MD	0:11:43	0:23:32	0:38:07	1:13:22
17	Bart Lane	M5059	M	50	Glenelg	MD	0:11:54	0:24:19	0:37:08	1:13:22
18	Marie Bowman	F3039	F	39	Catonsville	MD	0:11:58	0:24:55	0:37:08	1:14:01
19	Kristina Rebert	F5059	F	59	Gettysburg	PA	0:12:05	0:24:15	0:37:42	1:14:03
20	Greg Nelson	M6069	M	62	Germantown	MD	0:11:53	0:24:17	0:37:57	1:14:07
21	Bernhard Yutesler	M4049	M	48	Columbia	MD	0:12:04	0:24:40	0:37:37	1:14:21
22	Elizabeth Young	F16-	F	13	Huntingdon	PA	0:11:36	0:24:47	0:38:59	1:15:21
23	Laurie Wei	F2029	F	27	Potomac	MD	0:12:35	0:25:20	0:37:32	1:15:27
24	Colin Russell	M4049	M	40	Hanover	PA	0:11:54	0:24:36	0:39:02	1:15:31
25	Reg HAHNE	M6069	M	68	Columbia	MD	0:12:08	0:24:38	0:39:41	1:16:27
26	Eric Moon	M3039	M	36	Herndon	VA	0:11:56	0:25:21	0:39:35	1:16:53
27	Dan GOLDFARB	M5059	M	54	Burke	VA	0:12:48	0:25:41	0:38:43	1:17:12
28	Elise Holtan	F4049	F	43	Etters	PA	0:12:20	0:25:30	0:39:29	1:17:19
29	Megan Mackey	F4049	F	45	Ellicott City	MD	0:12:20	0:25:18	0:40:12	1:17:50
30	Allison Alexander	F3039	F	33	Potomac	MD	0:13:18	0:25:50	0:39:35	1:18:43
31	Lindsay Clingan	F3039	F	33	Finksburg	MD	0:12:45	0:25:57	0:40:17	1:19:00

32	Daniel Falvey	M6069	M	61	Lititz	PA	0:13:32	0:26:55	0:39:07	1:19:34
33	Yvonne Brach	F5059	F	52	Sykesville	MD	0:13:09	0:26:21	0:40:16	1:19:47
34	Matt Kowalewski	M4049	M	48	Sykesville	MD	0:12:54	0:26:34	0:40:23	1:19:52
35	Benjamin Ryan Vaart	M4049	M	49	Arlington	VA	0:13:13	0:25:29	0:41:10	1:19:52
36	Kevin Maloney	M5059	M	54	Hanover	PA	0:12:58	0:26:56	0:41:17	1:21:11
37	Bryan Main	M4049	M	48	Gaithersburg	MD	0:13:08	0:26:36	0:41:33	1:21:17
38	John Beyer	M2029	M	25	Chesapeake Beac	MD	0:13:07	0:27:06	0:42:04	1:22:17
39	Wynn Fertig	M6069	M	62	Waynesboro	PA	0:13:12	0:27:05	0:42:24	1:22:41
40	Debbie Gilgore	F6069	F	62	Bethesda	MD	0:13:09	0:27:16	0:42:20	1:22:45
41	Tania Silva	F4049	F	45	Inwood	WV	0:13:26	0:27:06	0:42:16	1:22:48
42	Everett Almeida	M2029	M	29	Herndon	VA	0:12:53	0:27:03	0:42:59	1:22:54
43	Angie Melton	F5059	F	51	Kensington	MD	0:13:35	0:27:06	0:42:15	1:22:55
44	Denise Dombay	F5059	F	55	Germantown	MD	0:13:37	0:27:06	0:42:25	1:23:07
45	John Smith	M5059	M	58	Mc Sherrystown	PA	0:13:13	0:26:59	0:43:09	1:23:21
46	Robert Jones	M2029	M	25	Biglerville	PA	0:13:33	0:27:12	0:42:37	1:23:23
47	Andrey Zabinsky	M3039	M	36	Germantown	MD	0:13:04	0:26:53	0:43:39	1:23:36
48	Tom Butt	M5059	M	57	Westminster	MD	0:13:16	0:27:35	0:43:04	1:23:55
49	Caroline Curtis	F5059	F	52	Ellicott City	MD	0:14:03	0:27:51	0:42:28	1:24:23
50	Erik Honigfort	M16-	M	13	Rockville	MD	0:13:56	0:28:22	0:42:37	1:24:54
51	Kristine Kellogg	F6069	F	60	Springfield	VA	0:13:19	0:27:59	0:43:38	1:24:56
52	Matthew Strom	M4049	M	43	Alexandria	VA	0:13:28	0:28:17	0:43:24	1:25:08
53	Mary Grace McAlevy	F5059	F	57	FAIRFAX	VA	0:13:58	0:27:42	0:43:36	1:25:16
54	Suzannah Biffel-Fung	F3039	F	39	Mt airy	MD	0:14:19	0:28:25	0:43:38	1:26:22
55	Angela Geer	F3039	F	33	Rockville	MD	0:13:36	0:28:46	0:44:01	1:26:23
56	GAILYNN PETRY	F2029	F	28	Westminster	MD	0:14:24	0:28:30	0:43:54	1:26:48
57	Jenni Wenhold	F4049	F	47	New Cumberland	PA	0:14:04	0:29:01	0:44:17	1:27:22
58	James Lowe	M5059	M	54	Carlisle	PA	0:14:08	0:28:22	0:45:14	1:27:44
59	David Lamparella	M5059	M	55	Ellicott City	MD	0:14:26	0:28:41	0:44:58	1:28:05
60	Troy Conran	M6069	M	61	Westminster	MD	0:14:35	0:29:40	0:44:26	1:28:42
61	Maggie Bartlett	F6069	F	67	Boyd's	MD	0:14:25	0:29:47	0:45:51	1:30:03
62	Robert Rudolph	M6069	M	65	Mechanicsburg	PA	0:14:24	0:29:31	0:46:31	1:30:26
63	Patricia Nunn	F5059	F	59	Cross Junction	VA	0:14:09	0:29:21	0:47:09	1:30:38
64	Robert Schilling	M5059	M	51	Manchester	MD	0:14:32	0:29:27	0:46:59	1:30:58
65	Lance Mogard	M3039	M	37	Springfield	VA	0:16:43	0:29:17	0:45:18	1:31:18

66	Hope Mao Oehler	F5059	F	55	Elkridge	MD	0:15:39	0:29:35	0:46:43	1:31:57
67	Jason Giffi	M4049	M	41	Middletown	MD	0:14:55	0:29:09	0:47:58	1:32:02
68	Jeff Cottone	M4049	M	41	Chambersburg	PA	0:14:26	0:30:17	0:47:25	1:32:08
69	David Miller	M6069	M	63	Frederick	MD	0:14:19	0:30:05	0:48:06	1:32:30
70	Jess Leilich	F2029	F	29	Belcamp	MD	0:14:17	0:30:45	0:47:35	1:32:37
71	Christopher Duncan	M5059	M	53	Silver Spring	MD	0:14:24	0:29:40	0:48:49	1:32:53
72	Amy Krupka	F4049	F	48	Olney	MD	0:15:21	0:30:18	0:47:28	1:33:06
73	Mical Honigfort	F4049	F	45	Rockville	MD	0:14:59	0:30:47	0:48:12	1:33:59
74	Hans Ruppenthal	M5059	M	57	Reisterstown	MD	0:15:10	0:31:05	0:48:14	1:34:29
75	Richard Marx	M6069	M	62	Leesburg	VA	0:16:51	0:30:39	0:47:54	1:35:24
76	Michele Potter	F5059	F	56	Germantown	MD	0:15:19	0:31:17	0:49:08	1:35:44
77	Carolin Malott	F6069	F	63	Norristown	PA	0:15:19	0:31:31	0:51:07	1:37:57
78	Mary Beth Hamilton	F6069	F	61	Mechanicsburg	PA	0:16:08	0:32:07	0:50:40	1:38:56
79	Tony Papandrea	M6069	M	63	Boyd's	MD	0:15:22	0:32:32	0:51:28	1:39:22
80	Abby Glassberg	F6069	F	62	Clarksville	MD	0:16:17	0:32:21	0:51:26	1:40:04
81	Donald Derrenbacher	M5059	M	52	Gaithersburg	MD	0:16:04	0:32:53	0:51:17	1:40:14
82	Nicole Thomas	F6069	F	61	Olney	MD	0:16:07	0:32:38	0:52:13	1:40:58
83	Marcy Galliker	F5059	F	56	Johnstown	PA	0:17:27	0:33:19	0:50:47	1:41:34
84	Suzanne Hurst	F5059	F	50	Baltimore	MD	0:16:12	0:32:10	0:53:14	1:41:36
85	Sandy Jumper	F6069	F	62	Carlisle	PA	0:17:12	0:33:28	0:51:02	1:41:41
86	Branka Bowman	F5059	F	56	Burke	VA	0:16:48	0:33:51	0:51:52	1:42:31
87	Melissa Moore	F4049	F	46	Rockville	MD	0:17:01	0:33:45	0:52:33	1:43:19
88	William Tyson	M6069	M	63	KINGSVILLE	MD	0:16:53	0:34:00	0:52:30	1:43:23
89	Andrew Campbell	M6069	M	68	Rockville	MD	0:17:09	0:35:37	0:55:59	1:48:45
90	Jonathan Ege	M5059	M	53	Silver Spring	MD	0:15:47	0:35:29	0:57:30	1:48:46
91	Amy Fitzgibbons	F4049	F	49	Silver Spring	MD	0:16:43	0:34:55	0:57:48	1:49:26
92	Joseph Michael Palisoc	M3039	M	34	Vienna	VA	0:17:00	0:36:58	0:57:11	1:51:09
93	Patrick Trentalange	M4049	M	40	Towson	MD	0:16:31	0:37:35	0:59:49	1:53:55
94	Francine Barnett	F5059	F	53	Rockville	MD	0:17:22	0:37:35	1:02:25	1:57:22
95	Dao Zhou	F5059	F	51	North Potomac	MD	0:18:56	0:38:48	1:01:22	1:59:05
96	Annie Stahley	F3039	F	39	Cheverly	MD	0:19:25	0:39:18	1:01:44	2:00:28
97	Amy Gallagher	F4049	F	47	Columbia	MD	0:15:58	0:39:51	1:09:33	2:05:23
98	Kimar Holcey	F16-	F	14	Mount Airy	MD	0:22:30	0:39:45	1:09:34	2:11:50
99	Lisa Steptoe	F5059	F	56	Ellicott City	MD	0:22:30	0:43:57	1:09:23	2:15:50

100	Duane Diegel	M6069	M	62	Abingdon	MD	0:24:30	0:42:35	1:11:34	2:18:40
101	Lori Mensh	F5059	F	59	Sharpsburg	MD	0:21:33	0:46:02	1:20:20	2:27:55
102	Crystal Pringle	F5059	F	53	Beltsville	MD	0:23:19	0:52:00	1:24:57	2:40:17